



NORTH HERTFORDSHIRE DISTRICT COUNCIL

AREA COMMITTEE DEVELOPMENT GRANT APPROVAL FORM

1. Committee: **Hitchin Area Committee**

2. Date: **4 Mar 2014**

3. Summary of application: **Healthy Life Style Strategy**

Name of organisation: **Home-Start (North Herts - Baldock, Letchworth and Hitchin)** Sum requested: **£1,500**

Total project cost: **£1,518**

Brief details:

Home-Start North Herts supports disadvantaged vulnerable families living locally. The aim is to educate and encourage engagement, not just within a family group but within a range of local community services and partners to promote wellbeing, positive family life and good citizenship. Home-Start is a voluntary organisation. This project Healthy Lifestyle, will run for 8 weeks during the summer months in order for older family siblings to join their respective family group. The first part of the project is taking place during February, March and April, funded & hosted by the Oughton Children's Centre. The Children's Centre values the partnership with Home-Start, for their invaluable and innovative work with disadvantaged families, many of whom live on Westmill. The project will promote the benefits of physical activity and a range of stimulating pursuits will be introduced in order to increase overall awareness of healthy lifestyles and choices, as well as helping improve children's language, communication and play skills.

Matched / linked funding: **£0**

Funder:

Matched /linked funding : **£0**
or DRR

Funder:

Comments from Development Officer:

Home-Start does invaluable work with disadvantaged and vulnerable families which is recognised by local Children's Centres as well as other agencies. This project will take place over the summer months so that all members of the families taking part can participate in this healthy lifestyle event. The sessions will take place on Thursday mornings 10am - 12pm at Westmill Community Centre. Every family referred to the Family group will receive an initial home visit and home-start publicity leaflets. Families will pay £1 per session.

The Community Development Officer has examined this application against the Authority's Area Grants Policy, the organisation's accounts and grant history, and considers it an eligible application to put before the Committee.

Amount recommended: **£1,500**

4. Comments from Ward Members:

I support / do not support this application

Name:

Signed:

Date:

I support / do not support this application

Name:

Signed:

Date: